

# Tough Teens Challenging Children

6 - 7 Sept 2012

**Effective strategies for Working with Even the MOST Difficult Behaviour**

## Overview:

There has been a huge increase in the number of children and youth with behaviour that disrupts classrooms, endangers staff, families, and communities, and interferes with academic/occupational, social, and personal success. This exciting seminar will provide you with successful ways of dealing with even the most challenging young people of any age. Participants will learn practical, unique, road-tested strategies that will make their work more productive and effective.

## About Your Trainer: Dr. Frances E. Steinberg, Ph.D., Psychologist

She received her doctorate in the United States from The Johns Hopkins University in 1975. She was appointed Assistant Professor at the University of New Mexico where she was awarded the Outstanding Teacher of the Year. Frances then worked in a variety of settings in America including special schools for emotionally challenged and learning disabled students, private practice, rape crisis centres, and paediatric clinics. She is currently based in both New Zealand and Australia and delivers training workshops to educators, mental health professionals, counsellors, and social workers internationally. Dr. Steinberg has been the keynote speaker at conferences for Principals, SPELD, and Resource Teachers of Learning and Behaviour. Frances was also project manager and course facilitator for the New Zealand National Workforce Development Training for Involving Families in Mental Health. Dr. Steinberg produced the AD/HD video, Getting it Right and is the author of numerous books including Working with Difficult Children and Adolescents, Whispers from the East, When Your Lover Leaves You, Working with Difficult Clients, Creating Partnerships, Positive Positioning, and Becoming Dragon as well as the novel, The Pocket Messiah. Frances is a member of the New Zealand National Advisory Group on Fetal Alcohol, served as Professional Advisor to the West Auckland Team for Attention Difficulties, and appeared in the TV documentaries Out of Control Kids and Drinking for Two.

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## Day One: THEORETICAL FRAMEWORK

### Learning Objectives

Through a combination of lecture, videotape, and practical exercises, participants will learn

- to stop blaming and start solving
- to accurately assess levels of behavioural severity, aggression, and conflict
- to achieve success with even the most resistant children & youth
- to utilise a child or youth's strengths to manage their difficult behaviour
- WHAT TO DO WHEN WHAT YOU NORMALLY DO ISN'T WORKING!

### Course Outline

- Assessing the severity of problems and level of aggression
- Key philosophies for working effectively with serious behaviour
- Identifying and addressing components of the presenting problem
- Resolving unproductive sequences of interaction
- Identifying and addressing underlying issues
- Positive Positioning: Changing your stance to maximise effectiveness
- Additional innovative strategies for working with Tough Teens and Challenging Children

## Day Two: BRING YOUR OWN CASE SCENARIO

The course will solidify and extend skills developed in the first day of training. Using their own case scenarios, attendees will learn to identify the presenting and underlying issues affecting the young person before generating a number of effective solutions for dealing with the situation. This course promotes the creative technique of Case Mapping developed by Steinberg and Whiteside which allows participants to push past impediments blocking progress so that a range of possible strategies can be generated.

### Learning Objectives:

Through guided, hands-on activities, participants will learn

- to identify and resolve obstacles impacting on the children or youth with whom they work
- to stay success-oriented with even the most challenging young people
- to generate a variety of creative strategies and evaluate which are most likely to be effective with their case
- to develop excellence and passion in their work with children & youth

### Course outline

- Case Mapping—The art of identifying presenting and underlying issues
- Developing Strategies and Solution Units
- System/Self Mapping—The art of identifying obstacles (including your own) to resolving cases
- Integrating and evaluating innovative strategies for working with Tough Teens & Challenging Children

FREE

\* Time: 9 am to 5 pm \* Venue: To be confirmed

\* Date: 6 - 7 Sept 2012

Fee \$795.00 per pax

Volunteer Welfare Organisation eligible for VCF funding - 60% pre-approved \$318.00 per pax

INFO

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The above are subjected to changes due to unforeseen circumstances