

Clinical Supervision

A Practical and Collaborative Approach

Date: 10,11,14,15 Nov 2011

Participants will be able to:

- ✎ Understand the range of available supervisory models
- ✎ Describe their own framework of supervision
- ✎ Consider the place of supervision in their organization
- ✎ Identify the different roles and the range of tasks in supervision
- ✎ Identify factors which enhance supervision
- ✎ Work effectively with conflict and challenges in supervision
- ✎ Enhance skills for working with supervisees from diverse professional and or personal backgrounds
- ✎ Develop ways of giving and eliciting feedback in supervision
- ✎ Identify and consider strengths and limitations of different modes and methods of supervision
- ✎ Consider how supervisors make effective 'use of self' in supervision
- ✎ Consider issues such as culture, power, class and gender in supervision
- ✎ Identify various ethical issues in supervision
- ✎ Develop self care plan and consider its application with supervisees
- ✎ Consider the purpose of record keeping in supervision
- ✎ Identify issues that have particular relevance to supervision in your service

Course Outline

Day 1

- ✎ Introduction to supervision – definitions of supervision
- ✎ Adult learning principles
- ✎ Engagement in supervision
- ✎ Best and worst experiences of supervision
- ✎ Self Care plans

Day 2

- ✎ Contracting in Supervision
- ✎ Stages of supervision
- ✎ Roles & Tasks in Supervision
- ✎ Supervision models
- ✎ Parallel processes, transference and counter-transference in supervision

Day 3

- ✎ Ethics in supervision
- ✎ Culture, gender and power in supervision
- ✎ Feedback and evaluation
- ✎ Note taking and record keeping

Day 4

- ✎ Creative methods in Supervision
- ✎ The use of self

** The afternoon sessions will be focused on group activities, role plays, trainer demonstrations, small and large group discussions

About your Trainer

Banu Moloney is a lecturer at the Bouverie Centre and La Trobe University (in the Master of Clinical Family Therapy, Master of Couple and Relationship Counselling and Graduate Certificate in Family Therapy courses.)

She is a qualified Social Worker, Psychologist and Family Therapist. She has over 30 years experience as a family therapist with a special interest in working with children and adolescents in the context of their families.

She also specialises in supervision and has published and presented at Counselling and Family Therapy Conferences in Australia and overseas in this area. Banu has many years of experience in designing and conducting training programmes in family therapy, counselling and consultation to mainstream counselling organisations, Indigenous Australians as well as wide range of organisations, including the staff at the Victorian Arts Centre, Victorian Housing Department Tourism Victoria and the Centre For Grief at Monash Medical Centre. She was a clinical member of the Bouverie HIV team for 10 years. She has a part time private practice, which includes work with couples, individuals, families and supervision and consultation to health professionals and organisations.



Course Date: 10,11,14,15 Nov 2011

Time: 9 am to 5 pm

Venue : Bayview Hotel (Subjected to changes)

Fee (Per Person)

Normal Fee

S\$1,195.00

Volunteer Welfare Organisation eligible for VCF funding - 60% pre-approved

S\$478.00

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