

24 - 27 May 2011

# Attachment Theory

## Dyadic Developmental Psychotherapy

Healing Families of Children whom develop Reactive Attachment Disorder and have Trauma-Attachment Problems

**Course Objective:** This training on Dyadic Developmental Psychotherapy will provide a comprehensive presentation on **assessment and treatment**. Participants would have plenty of opportunities to have hands-on experiences with real case examples.

Participants are expected to be familiar with attachment theory and to have read *Creating Capacity for Attachment*, edited by Arthur Becker-Weidman & Deborah Shell

### Learning Outcome:

At the end of the training, participants will understand the elements of a comprehensive assessment and be able to begin using these elements in their work. Participants will also understand the underlying principles of Dyadic Developmental Psychotherapy, the treatment model, and be able to integrate this into their work.

### About Your Trainer

Dr. Arthur Becker-Weidman has been treating the families of adoptive and foster children for over two decades. As Director of the Center For Family Development, he consults with Department's of Social Services, Residential Treatment Centers, and Mental Health Clinics throughout the US, Canada, and Internationally.

Dr. Becker-Weidman's expertise is on the evaluation and treatment of adopted and foster children and their families, Complex-Post Traumatic Stress Disorder, and Alcohol Related Neurological Dysfunction . The results of an empirical study demonstrating the effectiveness of the approach he practices - Dyadic Developmental Psychotherapy.

He has published over a dozen papers in peer reviewed professional journals and has presented at numerous international, regional, and local professional meetings. He is the co-editor of the book, *Creating Capacity for Attachment and Attachment Facilitating Parenting* was published. His website: [www.Center4FamilyDevelop.com](http://www.Center4FamilyDevelop.com)

### Day One: Assessment

Introductions and overview  
Overview of Assessment  
Parent Assessment

- ◆ What occurs
- ◆ Assessing commitment
- ◆ Assessing state of mind with respect to attachment – using AAI
- ◆ Assessment Insightfulness

Clinical Interview with Child

- ◆ Describe process and content
  - ◆ Clinical elements
  - ◆ House-Tree-Person
  - ◆ Attachment story completion test
- Demonstrate ASCT and group practice  
Psychological Tests  
Final Meeting with Caregiver

### Day Two: Assessment and Treatment

Welcome and Q & A  
Assessment Demonstration and Practice

Treatment: Principles of Dyadic Developmental Psychotherapy

- ◆ Intersubjectivity
- ◆ Review the basic model
- ◆ Evidence based for the model

Tape: Child's View of Foster Care

Demonstration of the Basic DDP cycle

### Day Three: Treatment

Welcome and introduction  
Treatment stages and Process  
Parent Training

- ◆ Importance of parenting
- ◆ Helping PLACE
- ◆ Sensitive responsiveness
- ◆ Intersubjectivity
- ◆ Assessing Parental Commitment

Initial Treatment

- ◆ What is covered in the 1st session with parents
- ◆ Initial engagement
- ◆ Implication
- ◆ Demonstration via role play
- ◆ Group Practice

### Day Four: Treatment

Welcome and Introduction  
Initial Session  
Middle Phrases

- ◆ Demonstration
- ◆ Group practice

Ending Phase

Supervision, use of self  
Group practice and demonstration

The Centre for Experiential Training  
[www.cetsing.com](http://www.cetsing.com)

Course Date: 24-27 May 2011      Time: 9 am to 5 pm	
Venue : Bayview Hotel (Subjected to changes)	
Fee (Per Person)	
Normal Fee	S\$1,395.00
Organisation that send 2 or more participants	S\$1,355.00
Volunteer Welfare Organisation eligible for VCF funding - 60% capped at S\$800	S\$ 595.00
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