



The Play of Life – Action Method for working with Individual Families and Teamwork



ABOUT YOUR TRAINER

Dr Carlos A Raimundo

* Developer of the concept and method of Play of Life
* Received the Innovators Award from the American Psychodrama and Group Psychotherapy Association (New York 2004) for the development of the Play of Life
Dr Raimundo’s training in Business, Philosophy, Medicine, Psychiatry; Group Training and Theological studies blend together with his ability to integrate the best of each into practical and easy to follow skills for life. Carlos education in Argentina, US and Europe gives him sound understanding of dealing with cultural issues and successful migration provides him with experience in facilitating change in the lives of many people in an alive, sharp and useful manner. Dr Raimundo’s background includes lecturing at universities in Australia and the US in addition to directing workshops and training sessions for over 20 years. He is the author of “Relationship Capital”. Check out his website at <http://www.neuro-learning.com/>

WHAT IS PLAY OF LIFE

Play of Life is different from the conventional talk-based method as it is a miniature theatre kit (uses small human figures on a stage) which allows clients to reproduce and see their life and relationships in a challenging, 3-dimensional format. As a method, it allows the client to identify complex issues. It simplifies issues by depicting them in a visual 3-dimensional way, thus bypassing the need to rely just on verbal communication.

It is a creative and innovative tool which can be easily added to a practitioner’s repertoire.

This is the 3rd run due to popular demand and positive feedback from participants. They find this creative and innovative way of counselling both effective and so versatile that can be used to counsel many life challenging situations including children, adolescents, adults and elder persons, in one-to-one work and with families in a group setting.

It is a creative and valuable tool to guide helping professionals from both social service and education sectors address common social problems including family violence, child abuse, loss and grief, spousal violence, relationship, behavioral, clinical and emotional issues.

Course Outline: Day One & Two

Individual application and facilitation Module

Training Objective – develop skills in using Play of Life method for:

- Coaching / counselling individuals
- Exploring / mapping present relationships, creating the ideal relational picture, find the “first step” toward achieving the goal
- Identify “why and how” I got this current situation
- Introduction to role theory to develop new role models toward a freer and successful relationship life

Course Outline

- Describe the play of life structure
- Conduct self presentation technique with “client”
- Understand social relevance of behaviour
- Understand sources of behaviour
- Apply the play of life to behavioural modification
- Understand role dynamics
- Apply the play of life to role development
- Apply the play of life to peer mentoring / supervision / debriefing situation

Course Outline: Day Three & Four

Family, Teams & Group Application & Facilitation Module

Training Objective

To provide participants with skills to improve relationships in families, corporate performance by coaching / counselling groups to release creativity by developing constructive and progressive behavioural styles and enabling personal and collective work and life satisfaction

Course Outline

- The organic life of families, groups and teams
- Apply objectively concepts to functional and dysfunctional teams
- Process of self presentation technique
- Describe the role of the coach
- Understand role development
- Understand role playing
- Apply role concepts to manage change
- Understand the roles of the brain and the mind
- Understand different personalities and personal rhythms
- Dealing with toxic environments
- Manage termination or farewell
- Summarise improvement potential

Course Date:	4-5, 8-9 February 2010	Time:	9 am to 5 pm
Venue:	Bayview Hotel Singapore (Subjected to changes)		
Fee:			
Normal Fee			\$1,355.00 per pax
Organisation that send 2 or more participants			\$1,295.00 per pax
Volunteer Welfare Organisation (VCF 80% Approved capped at \$1,000.00)			\$355.00 per pax

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